



**NATURE  
FREEDOM**  
*Inclusive Accessible Adventures*

**Inclusive Day Tours:  
Coochiemudlo**



# Discover the Beauty and History of Southeast Queensland

## About Nature Freedom's Inclusive Day Tours

Nature Freedom's Inclusive Day Tours are full or half-day trips to one of several beautiful locations across Southeast Queensland.

They feature multiple nature-based activities and are designed for all levels of ability. Activities may vary based on time and location, so you will discover something new every time.



## About Coochiemudlo

Based in the Redlands region (Quandamooka Country), Coochiemudlo Island covers an area of just 4.1 square km. Its name is the English language version of 'goochie mudlo', meaning 'red earth' and 'rock' or 'stone' in the Jandai language.

The island features sandy beaches, wetlands and the red, iron-rich rock cliff which gave the island its name. It is also home to many animals, including the swamp wallaby, brown bandicoot, dugongs, turtles and many species of birds and insects.



### **Our activities at Coochiemudlo include:**

- Beach walk along Morwong beach or Norfolk Beach
- Bushwalking through the Melaleuca Wetlands
- Driving tour of the island
- Talk with local guide/expert
- Morning tea at local café

### **Accessibility:**

- Wheelchair friendly with paved or compacted gravel pathways
- Sensory-friendly exploration
- Comfortable and enriching experience for individuals of all backgrounds
- Supportive and qualified staff

### **Meeting Point:**

We meet at the Victoria Point Jetty (Masters Ave, Victoria Point, QLD 4165).

### **What to bring/wear:**

- Comfortable clothing
- Closed-in shoes (comfortable for walking in)
- A broad-brimmed hat
- Sunscreen
- Insect repellent
- Drink bottle
- Small backpack to carry belongings

### **Any questions or queries?**

If you have any questions or queries about our Day Tours or other matters, please contact us at [info@naturefreedom.org.au](mailto:info@naturefreedom.org.au).